



ROCHESTER  
YACHT CLUB

*Established in 1877*

**The National Hospice Regatta Alliance  
11th Annual  
Hospice Regattas National Championship  
Hosted by  
Rochester Yacht Club Rochester, New York  
June 3 - 6 2010**

**SAILING INSTRUCTIONS**

**1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.

**2 NOTICES TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the official notice board located in the RYC Burgee Bar.
- 2.2 Any questions concerning these sailing instructions, scoring, or any other racing issues shall be submitted in writing to the Race Office at the Burgee Bar. Forms to submit inquiries are available there. All written inquiries and responses will be posted on the official notice board.

**3 CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

**4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the main flagpole at the Rochester Yacht Club, located on the northwest corner of the property.

- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than '45 minutes' in the race signal AP. This changes RRS race signals.

## 5 SCHEDULE OF RACES

### 5.1

Thursday	June 3	Practice Sailing Competitors Meeting	1000 -1700 1800 - Burgee Bar
Friday	June 4	Racing- Day 1	Sailors Briefing at 0815 Warning signal at 0955 Daily Awards 1800
Saturday	June 5	Racing-Day 2	Sailors Briefing at 0815 Warning signal at 0955 Daily Awards/Dinner 1800
Sunday	June 6	Racing- Day 3	Sailors Briefing at 0815 Warning signal at 0955 Awards 1600 (target time)

## 6 EVENT FORMAT

- 6.1 The event format will consist of four round robins. At least one round robin must be completed for there to be a series winner. In the event of an uncompleted round, the series winner shall be determined based on the results of completed round robins. The RC will conduct as many races as possible each day. (This modifies the NOR 18)
- 6.2 The competitors will be divided into 4 groups (A, B, C, D) for each of the three round robins. A random drawing will be conducted at the Competitors Meeting for round robin #1, round robin #2, round robin #3 and round robin #4. The RC will publish a team and boat rotation schedule for each round robin. (This modifies the NOR 18)
- 6.3 Weather permitting, boat rotations will take place on the water.
- 6.4 On Sunday, June 6<sup>th</sup>, no warning signal will be made after 1400.

## 7 CLASS FLAGS

The Class Flag will be numeral pennant 1.

## 8 RACING AREAS

Attachment 'A' shows the location of racing areas.

## 9 THE COURSES

- 9.1 The information will be arranged vertically on RC signal boat.  
Example:

<b>5</b>		<i>Course</i>
<b>300</b>		<i>Approximate magnetic bearing to Mark 1</i>
<b>1.5</b>		<i>Approximate distance to Mark 1. (nautical miles)</i>

Course 4 (4 legs): Start - 1 - 1a - Gate - 1 - 1a - Finish (Downwind)

Course 5 (5 legs): Start - 1 - 1a - Gate - 1 - 1a - Gate - Finish (Upwind)

- 9.2 Marks 1 and 1a shall be rounded to port. Mark 1a is an offset mark and will be positioned to port of Mark 1.
- 9.3 (a) If only one Gate mark is set, boats shall round the single mark to port.  
(b) The Gate may be laid after the starting signal.
- 9.4 Except for when there is a change of course:  
(a) the finish for course 4 will be to leeward of the Gate; and  
(b) the finish for course 5 will be to windward of Mark 1.
- 9.5 The RC will broadcast the course, bearing and distance information before the Warning signal. Failure to broadcast or to receive this notification shall not constitute grounds for granting redress. This changes RRS 62.1(a).

## **10 MARKS**

- 10.1 Marks 1, 1a and Gate marks will be orange inflatable tetrahedrons.
- 10.2 New marks will be yellow inflatable tetrahedrons.

## **11 THE START**

- 11.1 RC signal boat will display code flag L with one sound as it departs the harbor.
- 11.2 The starting line will be between the staff displaying an orange flag on the RC signal boat and a nearby West Marine inflatable mark.

## **12 CHANGE OF THE NEXT LEG OF THE COURSE**

- 12.1 To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

## **13 THE FINISH**

- 13.1 For downwind finishes, the finishing line will be between a staff displaying an orange flag on the finishing line boat and either a nearby inflatable mark or a staff displaying an orange flag on a nearby RC boat. The finishing line will be located to leeward of the leeward gate.

- 13.2 For windward finishes, the finishing line will be between a staff displaying an orange flag on the finishing line boat and either a nearby West Marine inflatable mark or a staff displaying an orange flag on a nearby RC boat.
- 13.3 Flag "Second Substitute" displayed (no sound signal) by the race committee finish boat while boats are finishing indicates that another race will be sailed.

**14 PENALTY SYSTEM**

- 14.1 RRS 44 - Penalties for Breaking Rules of RRS Part 2 is changed in that if a boat breaks a rule of RRS Part 2, her alternate penalty shall be either a One Turn Penalty, including one tack and one jibe, unless she breaks a rule of RRS Part 2 within the 3 boat length zone, in which case the penalty shall be either a Two Turns Penalty. (This changes RRS 44.) All boats that have taken a penalty under RRS Part 44.2 shall make a written declaration to the RC by the end of protest time. (This changes RRS 44.2) (This replaces NOR 10)
- 14.2 Part 5, Section B of *The Racing Rules of Sailing*, as well as rules 44.1 and 63.1 will be changed in the Sailing Instructions to permit Protest Arbitration. (See attachment SI B) (This replaces NOR 10)

**15 TIME LIMITS AND TARGET TIMES**

- 15.1 Time limits are as follows:

Race time limit	Mark 1 time limit
60 Minutes	30 Minutes

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

- 15.2 All boats not finishing within 20 minutes of the finish time of the first boat to finish a race shall be scored "TLE" (Time Limit Expired) without a hearing. A "TLE" score shall be two more points than the number of boats that have finished within the time limit. This changes RRS 35, A 4.1, A 4.2, A5 and A11.

**16 PROTESTS AND REQUESTS FOR REDRESS**

- 16.1 Protest forms are available at the Burgee Bar. Protests shall be delivered there within the protest time limit.
- 16.2 The protest time limit is 60 minutes after the RC signal boats docks. The docking time will be posted on the official notice board. The same time limit applies to protests by the RC about incidents they observe in the racing area. This changes RRS 61.3 and 62.2.
- 16.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

Hearings will be held in the PC room, located at Rochester Yacht Club White House, on the east side of the property.

- 16.4 Notices of protests by the RC will be posted to inform boats under RRS 61.1(b).
- 16.5 Breaches of SI 18, 19, 23, 24 25, 29, 32, 33, 34 and 35 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the PC so decides.
- 16.6 On the last scheduled day of racing a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.
- This changes RRS 66.
- 16.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

## **17 SCORING**

- 17.1 Low Point Scoring System of RRS Appendix A will apply except that there will be no score excluded. (This changes RRS A2.)

## **18 SAFETY REGULATIONS**

- 18.1 A boat that retires from a race shall notify the RC as soon as possible.
- 18.2 A boat that leaves the racing area between races shall notify the RC as soon as possible.
- 18.3 Check-in, before the warning signal of the first race of each day boats shall pass the RC signal boat and hail her bow number until acknowledged by the RC.
- 18.4 All competitors shall wear personal flotation devices while racing, except briefly while changing or adjusting clothing or personal equipment. The OA will not provide life jacket or PFD. Wet suits and dry suits are not personal flotation devices. (This changes rule 40.)

## **19 REPLACEMENT OF CREW OR EQUIPMENT**

- 19.1 Substitution of competitors will not be allowed without prior written approval of the RC PRO.

- 19.2 Substitution of damaged or lost equipment will not be allowed unless approved by the RC PRO. Requests for substitution shall be made to the RC PRO at the first reasonable opportunity.

## **20 EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

## **21 OFFICIAL BOATS**

Official boats will be marked as follows:

RC Signal Boat	Blue Race Committee flag
Windward mark/stake boat	Blue Race Committee flag
Press Boats	White Flag with Black 'P'

## **22 SUPPORT BOATS**

- 22.1 Support boats shall register at the registration desk.

## **23 BERTHING, HAUL-OUT, AND OTHER RESTRICTIONS**

- 23.1 Boats shall be kept in their assigned places in the RYC harbor, as defined by the OA.
- 23.2 Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the OA Chairman.
- 23.3 Teams are not to adjust the shrouds or change the position of the mast deck blocks during the regatta.

## **24 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus (including snorkels) and plastic pools or their equivalent shall not be used around boats between 2000 hours on Wednesday June 2, 2009 and the end of the regatta.

## **25 RADIO COMMUNICATION**

- 25.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

25.2 The RC will use VHF radio, Channel 09 to communicate to the fleet, including the location of the starting area, countdown to the start, OCS bow/sail numbers, General Recalls and Postponements. Failure to make these broadcasts or failure to include a bow#/sail # or failure to hear them shall not constitute grounds for granting redress. This changes RRS 62.1.

25.3 It is strongly encouraged that each boat has a VHF radio on board capable of receiving channels 9, 16, 68 and 72.

## **26 PRIZES**

26.1 The winner of each race will receive a prize.

26.2 Series prizes will be awarded to the top three skippers and crew.

26.4 The overall winner will have their name engraved on the Hospice Regattas National Championship Perpetual Trophy, kept and displayed by the OA.

26.5 Other prizes may be awarded at the discretion of the Organizing Authority.

## **27 DISCLAIMER OF LIABILITY**

27.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, *Decision to Race*. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

27.2 Skippers and crew will be required to sign waiver of liability during registration.

## **28 INSURANCE**

28.1 The boat is required to hold adequate insurance including third-party liability insurance, and it is the owner/charterer or competitor's sole and inescapable responsibility to ensure that the insurance is in place and is adequate prior to participating in this event.

28.2 The safety of a boat and her entire management shall be the sole inescapable responsibility of the skipper.

## **29 BOW NUMBERS, TEAM NAME SIGNS and EVENT BOW STICKERS**

29.1 Boats shall display bow numbers during the event as provided by the OA.

29.2 Event Bow stickers shall be attached to both sides of the boat's hull at all times while racing as provided by the OA.

29.3 Each team will receive from the OA a team name plaque, to be placed on the mainsail when racing. Teams are to keep these during the regatta and are responsible to maintain and return the sign at the end of the regatta.

### **30 CAMERAS & ELECTRONIC EQUIPMENT**

Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the OA.

### **31 MEDIA RIGHTS**

Competitors grant the Organizing Authority, the unrestricted right and permission to use the name and the image for any text, photograph or video footage of either themselves or the boat they are sailing during the event to be published or broadcast in any media whatsoever (including but not limited to Press and TV advertisements or Internet), for either editorial or advertising purposes or to be used in press information; in this respect, competitors' names and any biographical material of themselves may also be used or reproduced in any way known. As part of the registration process, each individual participating crewmember will be required to sign a declaration accepting this waiver of rights.

### **32 TRASH DISPOSAL**

Boats shall not put trash in the water. Trash may be placed aboard support and RC boats.

### **33 BORROWED BOAT INSPECTION FORM**

33.1 Following racing on each day, a representative of each competing team shall submit a completed Borrowed Boat Inspection Form -- one form for each boat sailed. The form shall be submitted to OA's representative at the prescribed docking area within two hours of the last boat's finish time for the last race of the day or abandonment of the race. Failure to turn in the Inspection form by the required time limit may result in team(s) not scored for the day.

33.2 Competitors shall report any damage or loss of equipment, however slight, to the OA's representative immediately after securing the boat ashore. Competitor's are prohibited from protesting another competitor under this sailing instruction. (This changes RRS 60.1)

33.3 Penalty action by the PC with a hearing: RRS 60.3 (a)(1) is changed to delete "serious". The penalty for breaking this instruction, under RRS 60.3 (a)(1), will be disqualification from the race most recently sailed. (This changes RRS 60.3.)

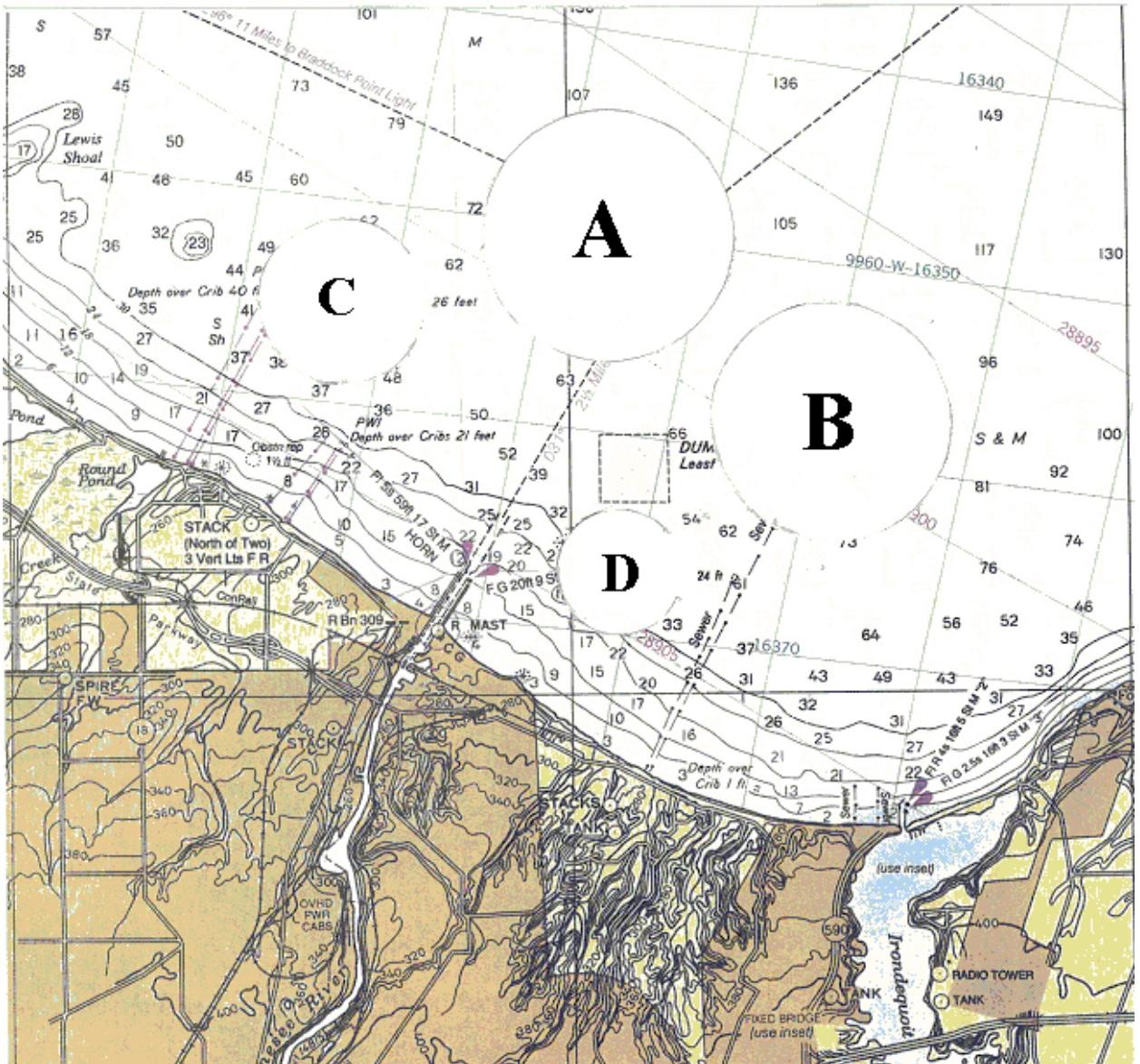
### **34 DAMAGE OR LOSS DEDUCTIBLE DEPOSITS**

- 34.1 The OA has obtained borrowed boat insurance for each boat. Each team is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the OA. Insurance deductible deposits of \$1,000.00 shall be posted by each competing team at registration. Deductible deposits must be cash, credit card, travelers check, or by personal check. Checks should be made out to Rochester Yacht Club.
- 34.2 The damage deposit is the limit of liability of each team for each incident. If a boat is damaged in a race, and any part of a team's deductible is used, the team will be required to restore the damage deposit to the original value to maintain eligibility. The additional damage deposit must be made before the end of the protest time limit period on that day.
- 34.3 The Borrowed Boat Insurance Program provides protection ONLY to those owners who lend boats. This insurance does not relieve competitors from liability in the event a competitor causes injury to other persons or property.
- 34.4 If damages occur that were not reflected on a completed Sonar Inspection sheet, the costs will be paid from the deposit of the team(s) causing the damage when so noted and determined by the OA. Damages not attributed to a single team will be deducted from the damage deposits of the teams which used the effected boat during the regatta, in equal shares, and the balance returned by the OA. A detailed accounting of expended funds will be supplied to each team that did not receive the full amount back.
- 34.5 Damage or Loss Deductible Deposits will be refunded within 30 days after the event.

### **35 CREW LIMITATIONS**

- 35.1 A Group 3 competition may not steer during a race unless he is the selected competitor/skipper from his nominating Hospice Regatta.
- 35.2 The crew limit is four(4); there will be no crew weight limit.

**Attachment A**  
**Chart of Racing Areas**  
*Note. This chart is not to be used for navigation*



## **Attachment B – ARBITRATION**

- B1.** After a protest has been lodged in accordance with the SIs, both parties involved in protests alleging a breach of a rule of RRS Part 2 and only two boats shall be heard by a Arbitrator appointed by the Protest Committee.
- B1.1** In exception to the above, incidents where damage is involved shall not be subject to arbitration, but shall be referred directly to the Protest Committee for a hearing.
- B2.** Only one representative from each boat involved, who shall have been on the boat at the time the incident occurred, shall attend the arbitration hearing. No witnesses shall be allowed.
- B3.** The validity of the protest, RRS 61, will be determined. If the appropriate parts of RRS 61 have been met arbitration will continue. If the appropriate sections of RRS 61 have not been met, the Arbitrator may rule the protest invalid. The Protestor may accept the ruling or have the protest referred to the Protest Committee.
- B4.** The Arbitrator will have each party describe the incident, limiting each party to approximately three (3) minutes. After hearing these descriptions, the Arbitrator will offer one of the following opinions:
- a.)** No Rule was broken.  
If the protesting boat accepts this opinion she can agree to withdraw the protest and the protest is then settled.
- b.)** A Rule was broken by one of the boats involved  
If that boat accepts this opinion she may accept a 40% scoring penalty and the protest is then settled.
- c.)** Both boats broke a Rule.  
If both boats accept this opinion and each agrees to accept a 40% scoring penalty then the protest is then settled.
- d.)** The Arbitrator is unable to offer an opinion based on the brief description given by the parties.
- B5.** Once the protest has been settled under B4(a), B4(b) or B4(c) above, the Arbitrator shall record this on the protest form and the matter shall not thereafter be referred to the Protest Committee and is not subject to requests for redress, reopening or appeal by any party.
- B5.1** If however:
- (i)** The Protestor does not withdraw the protest under B4(a) above; or
- (ii)** If a Competitor does not accept the Arbitrator's opinion that she broke a Rule under B4(b) or B4(c); or
- (iii)** If the Arbitrator is unable to offer an opinion under B4(d), the protest shall be submitted to the Protest Committee for a hearing.
- B6.** If the Arbitrator's opinion is not accepted, there shall be no further discussion of the incident with the parties and the testimony given at the arbitration hearing shall remain confidential and shall not be discussed with any person prior to the hearing.
- B7.** If a party fails to attend, the arbitration may still be heard, as in RRS 63.3(b).
- B8.** When protests are submitted to the Protest Committee, the Arbitrator shall not be a member of the panel hearing the protest. However, he/she shall be present to ensure that the incidents are described in the same way as in arbitration. If the facts given are different he may intervene to restate the original arbitration details. The Arbitrator shall not discuss the matter with Protest Committee members until after the Protest Committee's decision has been posted.
- B9.** Application of the 40% penalty shall be calculated in accordance with RRS44.3, except that the penalty is modified to read 40%. This changes RRS 44.3.